

Evolution of day services

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How are day services in Leeds changing to support recovery and social inclusion? What challenges do the changes bring to voluntary sector organisations and their workers?

- The i3 review has developed a socially inclusive recovery model for day services which is more person-centred.
- A pilot (called Realise) is due to start in E / NE Leeds involving a mix of statutory and voluntary agencies including Touchstone, Community Alternatives Team and Roundhay Road Adult Services. New joint teams being formed.
- Services will be tendered in due course
- Issues raised in discussion included the following:
 - Need to raise awareness of mental health issues within the wider community (e.g. community facilities / mainstream services)
 - Peer support can be an important resource to help people adapt to the changes involved in using community facilities
 - Importance of monitoring and achieving outcomes in order to be able to demonstrate the impact of the new approach. Consideration currently being given to different ways recording information re outcomes including questionnaires, charts
 - Will be developing “contracts” which will outline what the service will provide and what the service user will contribute
 - Currently drawing up referral criteria. Initial focus is mainly on people who are ready for the new approach but this will broaden to include a wider range of service users
 - Discussion around implications of direct payments. Very little take up to date within mental health. New service model with its person-centred focus, lends itself well to the implications of direct payments.