













## Relate Leeds

-  Oxford Chambers, Oxford Place, LS1 3AX
-  0113 245 2595
-  [info@relateleeds.org.uk](mailto:info@relateleeds.org.uk)
-  relationship counselling, family counselling, psychosexual therapy.
-  negotiable fee
-  fully accessible

## The Market Place

-  Kirkgate, LS2 7DJ
-  0113 246 1659
-  [counselling.themarketplace@virgin.net](mailto:counselling.themarketplace@virgin.net)
-  young people aged 13-23 living in the Leeds area.
-  free
-  please phone for details

**aca** Counselling and  
Alliance of  
Counselling  
Agencies  
**Psychotherapy  
Services**




## Leeds Voluntary Sector

Please photocopy or  
download from:  
[www.volition.org.uk](http://www.volition.org.uk)

## Solace *surviving persecution and exile*



-  Suites 2 and 3, Bank House  
150, Roundhay Road, Harehills,  
LS8 5LJ
-  0113 249 1437
-  [info@solace-uk.org.uk](mailto:info@solace-uk.org.uk)
-  counselling for refugees and asylum seekers.
-  free
-  fully accessible

## Women's Counselling & Therapy Service




-  Oxford Chambers, Oxford Place,  
LS1 3AX
-  0113 245 5725
-  [info@womenstherapyleeds.org.uk](mailto:info@womenstherapyleeds.org.uk)
-  women aged 18 and over. Many clients have issues of sexual abuse.
-  contribution requested - £1 - £24
-  fully accessible



## St Vincent Support Centre

-  Berking Avenue, York Road, LS9 9LF
-  0113 248 4126
-  [shaista.rashid@stvincents-svp.org.uk](mailto:shaista.rashid@stvincents-svp.org.uk)
-  general counselling, support and debt advice.
-  free debt advice & free or low cost counselling.
-  please phone for details







## Yorkshire Mesmac

-  PO Box 417, LS1 5PN
-  0113 244 4209; Mobile: 07771 931327
-  [p.brumwell@mesmac.co.uk](mailto:p.brumwell@mesmac.co.uk)
-  gay men, bi-sexual men, men who have sex with men, female partners of men who are attracted to men.
-  free
-  please phone for details






Contact The ACA via  
Volition, 0113 274 9585  
[info@volition.org.uk](mailto:info@volition.org.uk)  
[www.volition.org.uk](http://www.volition.org.uk)

**aca**  
Alliance of  
Counselling  
Agencies







## Archway

 95 Roundhay Road, LS8 5AQ  
 0113 383 3900  
 verinai@archway-leeds.org.uk  
 young people aged 16-25.  
 free  
 fully accessible






## East Leeds Counselling Service

 East Leeds Health for All, Unit 47,  
Cromwell Mount, Lincoln Green,  
LS9 7ST  
 0784 655 7060  
 people living in Leeds 9 and  
surrounding areas.  
 free  
 fully accessible

## Leeds Mind Counselling & Therapy Service

 Grove Villa, 82 Cardigan Road,  
LS6 3BJ  
 0113 230 7673  
 cats@leedsmind.co.uk  
 people over 18  
 £5—£40. Reductions can be  
negotiated for those experiencing  
financial hardship.  
 please phone for details







## BARCA - Leeds Reaching Out Counselling Service

 259 Upper Town Street, LS13 3JT  
 0113 220 9037  
 bev@barca-leeds.org  
 men aged 18 + and young men and  
women 11-18 years.  
 free  
 fully accessible







## Ku Sikia Counselling Service

 Chapeltown Enterprise Centre, Unit10  
231-235 Chapeltown Road, LS7 3DX  
 0113 307 0300  
 sderrick@bcatbhi.org.uk  
 young people aged 7-19.  
 free  
 fully accessible






## Listening Ear

 various venues in West Leeds  
 0113 276 2851  
 **listeningear@**  
**womenshealthmatters.org.uk**  
 women aged 16 and over living in  
West Leeds.  
 free  
 please phone for details


## Cruse Bereavement Care

 Centenary House, North Street,  
LS2 8AY  
 0113 234 4150  
 cruse@bcare.fsnet.co.uk  
 people in Leeds who have been  
bereaved.  
 free  
 fully accessible







## Leeds Counselling (WPF)

 Leeds Bridge House, Hunslet Rd,  
LS10 1JN  
 0113 245 0303  
 info@leedscounselling.org.uk  
 18 years and over in/around Leeds.  
 sliding scale according to income:  

- Assessment from £45 to £10
- Weekly counselling from £45 to £9

free within some community projects.  
 please phone for details

## Person to Person

 Oxford Place Centre, Oxford Place,  
LS1 3AX  
 0113 242 5254  
 op.deacon@btconnect.com  
 anyone who needs to talk. A  
'listening' service rather than formal  
counselling.  
 free  
 fully accessible